

Michael R. Nadorff

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Positions

Associate Professor with Tenure, Mississippi State University, 2018 - Present
Assistant Professor, Mississippi State University, 2012 –2018
Adjunct Assistant Professor, Baylor College of Medicine, 2013 - Present

Education

Ph.D., West Virginia University, 2012

Clinical Psychology (APA-Accredited)

Dissertation: *Treatment of Nightmares Using Imagery Rehearsal Therapy: A Multiple Baseline Study*. Chair: Amy Fiske, Ph.D., CBSM

Psychology Internship, Baylor College of Medicine, Geriatric Mental Health Care and Research track (APA-Accredited). Primary Supervisor: Melinda Stanley, Ph.D.

M.S., West Virginia University, 2009

Psychology

Thesis: *Insomnia Symptoms, Nightmares and Suicidal Ideation in a University Sample*. Chair: Amy Fiske, Ph.D., CBSM

B.A., University of Notre Dame, 2007

Psychology with Honors and Computer Applications, Magna Cum Laude

Thesis: *Emotion and Gambling: How Are Your Feelings Tied To Your Play?* Chair: Anita Kelly, Ph.D.

Manuscripts (* graduate student, ** undergraduate student)

Mayer, L., Rüsich, N., Frey, L.M., **Nadorff, M.R.**, Drapeau, C.W., Sheehan, L., & Oexle, N. (In Press). Anticipated suicide stigma, secrecy, and suicidality among suicide attempt survivors. *Suicide and Life-Threatening Behavior*. Impact factor: 3.032

*Timmins, M.A., Berman, M.E., **Nadorff, M.R.**, *Amadi, S.C., Fanning, J.R., McCloskey, M.S. (In Press). Does state dissociation mediate the relation between alcohol intoxication and deliberate self-harm? *Archives of Suicide Research*. Impact factor: 2.316

Lund E. M., Schultz, J. C., Thomas, K. B., **Nadorff, M. R.**, Galbraith, K., & DeTore, N. R. (In Press). “It’s awful when we get it wrong”: An exploratory qualitative

- study of vocational rehabilitation counselors' perspectives on suicide. *OMEGA - Journal of Death and Dying*. Impact factor 1.127
- *Salem, T., Winer, E. S., *Jordan, D. G., **Nadorff, M. R.**, Fanning, J. R., Veilleux, J. C., *Swinea, J.C., Berman, M. E. (In Press). Anhedonia and the relationship between other depressive symptoms and aggressive behavior. *Journal of Interpersonal Violence*. Impact factor: 3.064
- Lund, E. M., Schultz, J. C., Thomas, K. B., **Nadorff, M. R.**, Sias, C. M., Chowdhury, D., DeTore, N. R., & Galbraith, K. (2020). "I honestly would not have known what to do": An exploratory study of perspectives on client suicide among vocational rehabilitation support staff. *Journal of Death and Dying*, 80(3), 458-475. Impact factor: 1.127.
- Crew, E.C., Baron, K.G., Grandner, M.A., Ievers-Landis, C.E., McCrae, C.S., **Nadorff, M.R.**, Nowakowski, S., Ochsner Margolies, S., Hansen, K. (2020). The Society of Behavioral Sleep Medicine (SBSM) COVID-19 Task Force: Objectives and Summary Recommendations for Managing Sleep During a Pandemic. *Behavioral Sleep Medicine*, 18(4), 570 - 572.
- Lund, E. M., **Nadorff, M. R.**, Thomas, K. B., & Galbraith, K. (2020). Examining the contributions of disability to suicidality in the context of depression symptoms and other sociodemographic factors. *OMEGA: Journal of death and dying*, 81(2), 298-318. Impact factor: 1.127.
- Lund, E. M., Schultz, J. C., McKnight-Lizotte, M., **Nadorff, M. R.**, Galbraith, K., & Thomas, K. B. (2019). Suicide-related experience, knowledge, and perceived comfort and crisis competency among vocational rehabilitation support staff. *Journal of Rehabilitation*, 85(4), 33-41. Impact factor: unindexed
- Drapeau, C.W., **Nadorff, M.R.**, McCall, W.M., *Titus, C.E., *Barclay, N., **Payne, A. (2019). Screening for suicide risk in adult sleep patients. *Sleep Medicine Reviews*, 46, 17-26. Impact factor: 10.517
- Gieselmann, A., Aoudia, M.A, Carr, M., Germain, A., Gorzka, R., Holzinger, B., Kleim, B., Krakow, B., Kunze, A.E., Lancee, J., **Nadorff, M.R.**, Nielsen, T., Riemann, D., Sandahl, H., Schlarb, A.A., Schmid, C., Schredl, M., Spoormaker, V.I., Steil, R., van Schagen, A.M., Wittmann, L., Zshoche, M., Pietrowsky, R. (2019). Etiology and treatment of nightmare disorder: State of the art and future perspectives. *Journal of Sleep Research*, 28(4), e12820. Impact factor: 3.432
- *Daghigh, A., Daghigh, V., Niazi, M., & **Nadorff, M.R.** (2019). The association between anhedonia, suicide ideation, and suicide attempts: A replication in a Persian student sample. *Suicide and Life-Threatening Behavior*, 49(3), 678-683. Impact factor: 3.032

- Nadorff, M.R.**, *Titus, C.E., *Pate, A.R. (2019). A meaningful step toward understanding the cause and impact of nightmares. *Journal of Clinical Sleep Medicine*, 15(2), 179-180. – peer reviewed commentary. Impact factor: 3.396
- Lund, E.M., **Nadorff, M.R.**, Seader, K., Thomas, K.B. (2019). Comparing internal consistency, overall scores, and response patterns on the Suicidal Behavior Questionnaire-Revised (SBQ-R) in people with and without disabilities. *Rehabilitation Counseling Bulletin*, 62(2), 108-120. Impact factor: 0.854
- Ellis, T.E., Rufino, K.A., & **Nadorff, M.R.** (2019). Treatment of nightmares in psychiatric inpatients with Imagery Rehearsal Therapy: An open trial and case series. *Behavioral Sleep Medicine*, 17(2). Impact factor: 3.171
- McIver, N.D., Krakow, B., Krakow J., **Nadorff, M.R.**, Ulibarri, V.A., & Baade, R. (2018). Sleep Disorder Prevalence in At-Risk Adolescents and Potential Effects of Nightmare Triad Syndrome. *International Journal of Adolescent Medicine and Health*, 32(1), /j/ijamh.2020.32.issue-1/ijamh-2017-0125/ijamh-2017-0125.xml. <https://doi.org/10.1515/ijamh-2017-0125>. Impact factor: 0.79
- Ward-Ciesielski, E., Winer, E.S., Drapeau, C.W., **Nadorff, M. R.** (2018). Examining components of emotion regulation in relation to sleep problems and suicide risk. *Journal of Affective Disorders*, 241, 41-48. Impact factor: 4.084
- Lund, E. M., Schultz, J. C., **Nadorff, M. R.**, Thomas, K. B., Chowdhury, D., & Galbraith, K. (2018). Vocational rehabilitation counselors' experiences with and knowledge of non-suicidal self-injury. *Journal of Applied Rehabilitation Counseling*, 49(3), 12-19. Impact factor: unindexed
- Lund, E. M., Schultz, J. C., **Nadorff, M. R.**, Thomas, K. B., Chowdhury, D., & Galbraith, K. (2018). Experience with and knowledge in non-suicidal self-injury in vocational rehabilitation support staff. *Journal of Applied Rehabilitation Counseling*, 49(1), 32-39. Impact factor: unindexed
- *Titus, C.E., *Speed, K.J., *Cartwright, P.M., Drapeau, C.W., **Heo, Y., & **Nadorff, M.R.** (2018). What role do nightmares play in suicide? A Brief Exploration. *Current Opinion in Psychology*, 22, 59-62. Impact factor: unindexed
- *Speed, K.J., Drapeau, C.W., **Nadorff, M.R.** (2018). Differentiating single and multiple suicide attempters: What nightmares can tell us that other predictors cannot. *Journal of Clinical Sleep Medicine*, 14(5), 829-834. Impact factor: 3.396
- *Webb, C.A., *Cui, R., *Titus, C., Fiske, A., & **Nadorff, M.R.** (2018). Sleep Disturbance, Activities of Daily Living, and Depressive Symptoms among Older Adults. *Clinical Gerontologist*, 41(2), 172-180. Impact factor: 1.586
- Nadorff, M.R.**, Drapeau, C. W., & Pigeon, W.R. (2018). Psychiatric illness

- and sleep in older adults: comorbidity and opportunities for intervention. *Sleep Medicine Clinics*, 13(1), 81-91. Impact factor: unindexed
- Lund, E.M., **Nadorff, M.R.**, Galbraith, K., Thomas, K.B. (2018). Using Amazon Mechanical Turk to recruit participants with disabilities. *SAGE Research Methods Cases Part 2*. Impact factor: unindexed
- Berman, M.E., Fanning, J.R., Guillot, C.R., Marsic, A., Bullock, J., **Nadorff, M.R.**, & McCloskey, M.S. (2017). Effects of alcohol dose on deliberate self-harm in men and women. *Journal of Clinical and Consulting Psychology*, 85(9), 854-861. Impact factor: 4.593
- *Michaels, M.S., **Balthrop, T., **Nadorff, M.R.**, Joiner, T.E. (2017). Total sleep time as a predictor of suicidal behavior. *Journal of Sleep Research*, 26(6), 732-738. Impact factor: 3.259
- *Salem, T., Winer, E. S., & **Nadorff, M. R.** (2017). Combined behavioural markers of cognitive biases are associated with anhedonia. *Cognition and Emotion*, 32, 422-430. Impact factor: 2.563
- *Lund, E.M., Schultz, J.C., **Nadorff, M.R.** (2017). The Factor Structure, Internal Consistency, and Convergent Validity of Two Suicide Assessment Competency Measures in Vocational Rehabilitation Counselors. *Rehabilitation Counseling Bulletin*, 61(1), 20-27. Impact factor: 0.854
- *Lund, E.M., Schultz, J.C., **Nadorff, M.R.**, Galbraith, K., & Thomas, K.B. (2017). Experience, Knowledge, and Perceived Comfort and Clinical Competency in Working with Suicidal Clients among Vocational Rehabilitation Counselors. *Rehabilitation Counseling Bulletin*, 61(1), 54-63. Impact factor: 0.854
- Drapeau, C.W. & **Nadorff, M.R.** (2017). Suicidality in sleep disorders: Prevalence, impact, and management strategies. *Nature and Science of Sleep*, 2017:9, 213 – 226. Impact factor: 3.054
- Winer, E.S., *Bryant, J., Bartoszek, G., Rojas, E., **Nadorff, M.R.**, & *Kilgore, J. (2017). Mapping the relationship between anxiety, anhedonia, and depression. *Journal of Affective Disorders*, 221, 289 – 296. Impact factor: 3.432
- *Hom, M. A., Hames, J. L., Bodell, L. P., Buchman-Schmitt, J. M., *Chu, C., Chiurliza, B., *Michaels, M. S., Rogers, M. L., Ribeiro, J. D., **Nadorff, M. R.**, Winer, E. S., Lim, I. C., Rudd, M. D., & Joiner, T. E. (2017). Investigating insomnia as a cross-sectional and longitudinal predictor of loneliness: Findings from six samples. *Psychiatry Research*, 253, 116-128. Impact factor: 2.528
- *Bryant, J., Winer, E.S., *Salem, T., & **Nadorff, M.R.** (2017). Struggling Toward Reward: Recent Experience of Anhedonia Interacts with Motivation to Predict

- Reward Pursuit in the Face of a Stressful Manipulation. *PLOS ONE*, 12(3):e0173439, doi:10.1371/journal.pone.0173439. Impact factor: 2.806
- Jahn, D.R., Drapeau, C.W., Wacha-Montes, A., Grant, B.L., **Nadorff, M.R.**, Pusateri, M.J., Hannah, D.J., Bryant, G., Cukrowicz, K.C. (2017). Characteristics of and barriers to suicidology training in undergraduate and clinically-oriented graduate-level psychology programs. *Suicidology Online*, 8, 104-113. Retrieved from <http://www.suicidology-online.com/>. Impact factor: unindexed
- *Zielinski, M.J., Veilleux, J.C., Winer, E.S., & **Nadorff, M.R.** (2017). A short-term longitudinal examination of the relations between depression, anhedonia, and self-injurious thoughts and behaviors in adults with a history of self-injury. *Comprehensive Psychiatry*, 73, 187-195. Impact factor: 2.194
- *Lund, E.M., Schultz, J.C., **Nadorff, M.R.**, Galbraith, K., & Thomas, K.B. (2016). Psychometric properties of two self-report suicide assessment and intervention competency measures in a sample of vocational rehabilitation support staff. *The Australian Journal of Rehabilitation Counselling*, 1-17. doi:10.1017/jrc.2016.15 Impact factor: unindexed
- Winer, E. S., Cervone, D., *Bryant, J.C., McKinney, C., Liu, R.T., & **Nadorff, M. R.** (2016). Distinguishing Mediation Models and Analyses in Clinical Psychology: Atemporal Associations Do Not Imply Causation. *Journal of Clinical Psychology*, 72(9), 947-955. Impact factor: 2.123
- Krakow, B., Ulibarri, V., McIver, N., & **Nadorff, M.R.** (2016). A novel therapy for chronic sleep onset insomnia: A retrospective, nonrandomized controlled study of auto-adjusting, dual level, positive airway pressure technology. *The Primary Care Companion*, 18(5), e1-e10. Impact factor: 1.00 (ResearchGate estimate)
- Winer, E. S., *Drapeau, C. W., Veilleux, J. C., & **Nadorff, M. R.** (2016). The association between anhedonia, suicidal ideation, and suicide attempts in a large student sample. *Archives of Suicide Research*, 20(2), 265-272. Impact factor 1.901
- Nadorff, M.R.**, **Pearson, M.D., *Golding, S. (2016). Explaining the relation between nightmares and suicide. *Journal of Clinical Sleep Medicine*, 12(3), 289-290. Impact factor 3.429 – peer reviewed commentary
- *Lund, E.M., **Nadorff, M.R.**, *Seader, K. (2016). The relationship between suicidality and disability when accounting for depressive symptomology. *Rehabilitation Counseling Bulletin*, 59(3), 185-188. Impact factor 0.744
- *Lund, E.M., **Nadorff, M.R.**, Winer, E.S., & *Seader, K. (2016). Is suicide an option? The impact of disability on suicide acceptability in the context of depression,

- suicidality, and demographic factors. *Journal of Affective Disorders*, 189(1), 25-35. (also see corrigendum). Impact factor: 3.432
- *Golding, S., **Nadorff, M. R.**, Winer, E. S., & **Ward, K. C. (2015). Unpacking sleep and suicide in older adults in a combined online sample. *Journal of Clinical Sleep Medicine*, 11(12), 1385–1392. Impact factor: 2.710
- Nadorff, M. R.**, Nadorff, D. K., & Germain, A. (2015). Nightmares: Under-Reported, Undetected, and Therefore Untreated. *Journal of Clinical Sleep Medicine*, 11(7), 747-750. Impact factor: 2.710
- Bernert, R.A. & **Nadorff, M.R.** (2015). Sleep disturbance and suicidal behavior. *Sleep Medicine Clinics*, 10(1), 35-39. Impact factor: 0.95 (ResearchGate estimate)
- Nadorff, M.R.**, Ellis, T.E., & Allen, J.G., Winer, E. S., & Herrera, S. (2014). Presence and Persistence of Sleep-Related Symptoms and Suicidal Ideation in Psychiatric Inpatients. *CRISIS*, 35(6), 398 - 405. Impact factor: 1.762.
- Nadorff, M.R.**, *Salem, T., Winer, E.S., Lamis, D.A., Nazem, S., Berman, M.E. (2014). Explaining alcohol use and suicide risk: A moderated mediation model involving insomnia symptoms and gender. *Journal of Clinical Sleep Medicine*, 10(12), 1317-1323. Impact factor: 2.826.
- Winer, E. S., **Nadorff, M.R.**, Ellis, T.E., Allen, J.G., Herrera, S., *Salem, T. (2014). Anhedonia predicts suicidal ideation in a large psychiatric inpatient sample. *Psychiatry Research*, 218(1-2), 124-128. Impact factor: 2.682.
- Ivan, M.C., Amspoker, A., **Nadorff, M.R.**, Kunik, M. E., Cully, J. A., Wilson, N., Calleo, J., Kraus-Schuman, C., & Stanley, M. A. (2014). Alcohol use, anxiety, and insomnia in older adults with Generalized Anxiety Disorder. *American Journal of Geriatric Psychiatry*, 22(9), 875-883. Impact factor: 3.519.
- Nadorff, M.R.**, *Lambdin, K. K., Germain, A. (2014). Pharmacologic and non-pharmacologic treatments for nightmare disorder. *International Review of Psychiatry*, 26(2), 225 - 236 (invited submission). Impact factor: 1.403.
- Nadorff, M.R.**, Anestis, M. D., Nazem, S., **Harris, H. C., & Winer, E. S. (2014). Sleep Disorders and the Interpersonal-Psychological Theory of Suicide: Independent Pathways to Suicidality? *Journal of Affective Disorders*, 152-154, 505 - 512. Impact factor: 3.705.
- Bagge, C. L., Lamis, M. A., **Nadorff, M. R.**, & Osman, A. (2014). Relations between hopelessness, depressive symptoms, and suicidality: mediation by reasons for living. *Journal of Clinical Psychology*, 70(1), 18 - 31. Impact factor: 2.111.

- Nadorff, M. R.**, Porter, B., Rhoades, H. M., Kunik, M. E., Greisinger, A. J., & Stanley, M. A. (2014). Bad dream frequency in older adults with Generalized Anxiety Disorder: Prevalence, correlates, and effect of cognitive behavioral treatment for anxiety. *Behavioral Sleep Medicine, 12*(1), 28 - 40. Impact factor: 1.744.
- Fiske, A., Bamonti, P., **Nadorff, M. R.**, **Petts, R., Sperry, J. A. (2013) Control strategies and suicidal ideation in older primary care patients with functional limitations. *International Journal of Psychiatry in Medicine, 46*(3), 271-289. Impact factor: 0.805.
- O'Riley, A.A., **Nadorff, M.R.**, Conwell, Y., Edelstein, B. (2013). Challenges associated with managing suicide risk in long-term care facilities. *Annals of Long-Term Care, 21*(6), 28 – 34. Impact factor: unindexed.
- Pane, H.T., White, R.S., **Nadorff, M.R.**, Grills-Taquechel, A., & Stanley, M.A. (2013). Multisystemic therapy for child non-externalizing psychological and health problems: A preliminary review. *Clinical Child and Family Psychology Review, 16*(1), 81 - 99. Impact factor: 4.750.
- Nadorff, M.R.**, Nazem, S., & Fiske, A. (2013). Sleep Disturbance and Suicidal Ideation: Duration of Disturbance Matters. *Suicide and Life-Threatening Behavior, 43*(2), 139 - 149. Impact factor: 1.403.
- Nadorff, M. R.**, Fiske, A., Sperry, J. A., **Petts, R., & Gregg, J. J. (2013). Insomnia Symptoms, Nightmares and Suicidal Ideation in Older Adults. *Journal of Gerontology: Psychological Sciences, 68*(2), 145-152. Impact factor: 2.852.
- Cully, J. A., Armento, M. E. A., Mott, J. **Nadorff, M. R.**, Naik, A., Stanley, M. A., Sorocco, K., Kunik, M. E., Peterson, N., Kauth, M. R. (2012). Brief cognitive behavioral therapy in primary care: using hybrid effectiveness-implementation designs to advance care practices. *Implementation Science, 7*:64. Impact factor: 2.372.
- Davidov, D. M., **Nadorff, M. R.**, Jack, S. M., & Coben, J.H. (2012). Nurse home visitors' perspectives of mandatory reporting of children's exposure to intimate partner violence to child protection agencies. *Public Health Nursing, 29*(5), 412-23, doi: 10.1111/j.1525-1446.2011.01003.x. Impact factor: 0.780.
- Davidov, D. M., **Nadorff, M. R.**, Jack, S. M., & Coben, J. H. (2012). Nurse home visitors' perceptions of mandatory reporting of intimate partner violence to law enforcement agencies. *Journal of Interpersonal Violence, 27*(12), 2484-502. Impact factor: 1.355.

Friedlander, A., Nazem, S., Fiske, A., **Nadorff, M. R.**, & Smith, M. (2012). Self-concealment and suicidal behavior. *Suicide and Life-Threatening Behavior*, 42, 332-340. doi: 10.1111/j.1943-278X.2012.00094.x. Impact factor: 1.758.

Ellis, T. E., Green, K. L., Allen, J. G., Jobes, D. A., & **Nadorff, M. R.** (2012). Collaborative assessment and management of suicidality in an inpatient setting: Results of a pilot study. *Psychotherapy* 49(1), 72-80. Impact factor: 2.629.

Nadorff, M.R., Nazem, S., & Fiske, A. (2011). Insomnia symptoms, nightmares and suicidal ideation in a college sample. *SLEEP*, 34(1), 93-98. Impact factor: 5.402.

Cummins, L.F., **Nadorff, M.R.**, & Kelly, A.E. (2009). Both winning and negative affect can lead to reckless gambling. *Psychology of Addictive Behaviors*, 23(2), 287-294. Impact factor: 2.679.

Manuscripts Under Review or In Revision

Rufino, K.A., Ward-Ciesielski, E., Webb, C.A., & **Nadorff, M.R.** (Under Review). Emotion regulation difficulties mediate the relation between nightmares and suicide in an adult psychiatric inpatient sample.

Nadorff, M.R., DeShong, H.L., Golding, S., Cerel, J., *McDaniel, C.J., *Pate, A.R., *Kelley, K., & *Walgren, M.D. (Under Review). Rates of exposure to natural, accidental, and suicide deaths.

Tidler, A., Krakow, B., McIver, N., Ulibarri, V., & **Nadorff, M.R.** (Under Review). Sleepiness and fatigue associated with avoidance behavior in moderately severe PTSD patients presenting to a community-based sleep center.

Pate, A.R., DeShong, H.L., Stafford, T.W.D., **Nadorff, M.R.** (Under Review). Impact of social support on suicidal ideation and attempts among gender minority adults.

Bolstad, C. J. & **Nadorff, M. R.** (under review, submitted on 5/20/2020). The early bird gets the worm: How insomnia symptoms relate to anxiety and depression in late life.

Bolstad, C. J., Porter B., Brown, C. J., Kennedy, R. E. & **Nadorff, M. R.** (under review, submitted on 5/13/2020). The relation between pet ownership, anxiety, and depressive symptoms in late life: Propensity score matched analyses.

Dozier, M. E., Speed, K. J., Davidson, E. J., Bolstad, C. J., **Nadorff, M. R.**, & Ayers, C. R. (under review, submitted on 5/12/2020). The association between sleep and late life hoarding.

Bolstad, C. J. & **Nadorff, M. R.** (under review, submitted on 3/27/2020). Types of

insomnia mediate the relation between anxiety and depressive symptoms longitudinally in late life.

Pierpaoli-Parker, C., Bolstad, C.J., Szkody, E., Amara, A.W., **Nadorff, M.R.**, & Thomas, S.J. (Under Review). The impact of Imagery Rehearsal Therapy on dream enactment in a patient with REM-Sleep Behavior Disorder: A case study.

Chapters, Book Reviews and Encyclopedia Articles

Winer, E. S., Salem, T., & **Nadorff, M. R.** (2015). Prognosis. In R. Cautin & S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley-Blackwell. DOI: 10.1002/9781118625392.

Nadorff, M. R., *Chaney, L., & Winer, E. S., (2015). Incidence/Prevalence. In R. Cautin & S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley-Blackwell. DOI: 10.1002/9781118625392.

Nadorff, M. R. & Rose, M., (2015). Parasomnias. In R. Cautin & S. Lilienfeld (Eds.), *Encyclopedia of Clinical Psychology*. Hoboken, NJ: Wiley-Blackwell. DOI: 10.1002/9781118625392.

*Golding, S. & **Nadorff, M.R.** (2014). Decision Making in Behavioral Emergencies: Acquiring Skills in Evaluating and Managing High-Risk Patients [Review of the book *Decision Making in Behavioral Emergencies: Acquiring Skills in Evaluating and Managing High-Risk Patients*, by P. Kleespies. Published online by the American Association of Suicidology. <http://www.suicidology.org/Portals/14/docs/Resources/BookReviews/DecisionMaking.pdf>

Nadorff, M.R., & *Lambdin, K. K. (2013). Teen Suicide Risk: A Practitioners Guide to Screening, Assessment, and Management [Review of the book *Teen Suicide Risk: A Practitioners Guide to Screening, Assessment, and Management*, by C. King, C. Foster, and K. Rogalski. Published online by the American Association of Suicidology. http://www.suicidology.org/c/document_library/get_file?folderId=249&name=D LFE-857.pdf

Fiske, A., Ciliberti, C., Clegg-Kranok, M., Gould, C., Nadorff, D. K. , **Nadorff, M. R.**, Nazem, S., & Stahl, S. (2012). Mental health and aging. In Maddux, J. E. & Winstead, B. (Eds.), *Psychopathology: Foundations for a contemporary understanding* (3rd ed., 399- 425). New York, NY: Routledge.

Honors and Awards

2017

MSU College of Arts and Sciences Dean's Eminent Scholar award

2017 Society of Behavioral Sleep Medicine Art Spielman Early Career Distinguished Achievement Award

2015 MSU College of Arts and Sciences Research Award for the Social/Behavioral Sciences

2014 Mississippi State University College of Arts and Sciences Researcher of the Month Award (November, 2014)

2013 NIH Early Career Reviewer Program

2012 Baylor College of Medicine Paul Baer Research Award

2010 Gerontological Society of America BBS Travel Award

2007-2008 HERF Supplemental Fellowship, West Virginia University

2007 Psi Chi National Honor Society

2007 University of Notre Dame Senior Recognition Award

External Grants Funded

2020 Garrett Lee Smith Campus Suicide Prevention Grant, SAMHSA
 Number: 1H79SM080458-01
 Title: It Takes a Community: A Comprehensive, Collaborative Suicide Prevention Program
 Total Costs: \$305,965 over three years
 Role: Primary Investigator
 Result: Funded

2019 SAMHSA Drug Free Communities Grant (transferred to CDC)
 Title: Drug Free Starkville Collaboration
 Total Costs: \$624,385 over five years
 Role: PI
 Result: Funded

2019 SAMHSA (as part of state of Mississippi Garrett Lee Smith grant)
 Title: Innovative MSU Cares - Preventing and Responding to Mississippi Youth Suicide
 Total Costs: \$1,678,552
 Role: Co-PI (with Stafford)
 Result: Funded

2017 R15 AREA Grant, National Institutes of Health (NIMH)
 Number: R15 MH101573-2
 Topic: Reward Devaluation, Positive Valence System Disturbance, and Impairment Does Subchance Perception of Positive Information Predict Symptoms of Depression and Anxiety and Impaired Functions? A Validation Study
 Total Costs: \$417,379
 Role: Co-Investigator (PI: Winer)
 Result: Funded

- 2014 R15 AREA Grant, National Institutes of Health (NIMH)
 Number: R15 MH101573
 Topic: Reward Devaluation, Positive Valence System Disturbance, and Impairment Does Subchance Perception of Positive Information Predict Symptoms of Depression and Anxiety and Impaired Functions? A Validation Study.
 Total Costs: \$416,338 over three years
 Role: Co-Investigator (PI: Winer)
 Result: Funded.
- 2013 Garrett Lee Smith Campus Suicide Prevention Grant, SAMHSA
 Number: 1 SM061448-01
 Title: Making Suicide a Never Event at MSU
 Total Costs: \$304,073 over three years
 Role: Primary Investigator
 Result: Funded

Pending External Grants Submissions

Internal Grants Funded

- 2018 Graduate Recruitment Grant submitted in conjunction with Drs. Moss and Armstrong on behalf of the MSU psychology graduate programs. Total costs: \$25,000.00
- 2017 Graduate Recruitment Grant submitted in conjunction with Drs. Eakin and Armstrong on behalf of the MSU psychology graduate programs. Total costs: \$25,000.00
- 2016 Graduate Recruitment Grant submitted in conjunction with Drs. Moss and Armstrong on behalf of the MSU psychology graduate programs. Total costs: \$20,000.00
- 2015 Graduate Recruitment Grant submitted in conjunction with Drs. Moss and Eakin on behalf of the MSU psychology graduate programs. Total costs: \$25,000.00
- 2014 Graduate Recruitment Grant submitted in conjunction with Drs. Moss and Eakin on behalf of the MSU psychology graduate programs. Total costs: \$26,500.00
- 2011 Department of Psychology Student Research Fund, WVU
Treatment of Nightmares Using Imagery Rehearsal Therapy: A Multiple Baseline Study. Total Costs: \$950.00

- 2011 Eberly College of Arts and Sciences Doctoral Research Award, WVU
Treatment of Nightmares Using Imagery Rehearsal Therapy: A Multiple Baseline Study. Total Costs: \$800.00
- 2010 BBS Training Scholarship Award, Research Training Program in the Behavioral and Biomedical Sciences, WVU
Sleep, Functioning, and Mood in Older Adults. Total Costs \$500.00
- 2008-2009 West Virginia University, Psychology Department Alumni Grant
Insomnia Symptoms and Medically-Serious Suicide Attempts in Older Adults. Total Costs \$1,000.00
- 2006-2007 University of Notre Dame, Undergraduate Research Opportunity Program
Risk-Taking and Gambling: What Motivates Individuals to Make Increasingly Risky Bets, Even When The Odds Are Against Them?
Co-Investigator (Lori DeMent), Total Costs \$1,050.00

Posters and Presentations (*graduate student, ** undergraduate student)

- Speed, K. J., **Nadorff, M.R.**, Bishop, T. M., Stearns, M. A., Pigeon, W. R. (2020, June). Increasing Accessibility of Nightmare Treatment via Mobile Health. Oral presentation and poster to be presented at the 35th Annual Meeting of the Associated Professional Sleep Societies. Philadelphia, PA.
- Robertson, M.N., Steen, J., **Nadorff, M.R.**, & Buys, D.R. (2020, May). Mental health first aid: Role of cooperative extension agents. National Health Outreach Conference. Kansas City, MO.
- Kuhlman, S.T.W., **Nadorff, M. R.**, Stafford, E., Smith, P.N. (Panel Cancelled). Recent advances in gatekeeper training components and outcomes as informed by theory, evaluation, and research. 53rd American Association of Suicidology Annual Conference in Portland, OR.
- *Pate, A.R., DeShong, H.L., Stafford, T.W.D., & **Nadorff, M.R.** (Presentation Cancelled). Intersecting identities impacting suicidal ideation and attempts among gender minority adults. 53rd Annual Conference of the American Association of Suicidology, Portland, OR.
- *Pate, A.R., *Bolstad, C., & **Nadorff, M.R.** (Poster Cancelled). Do we fear when death Is near? An examination of fearlessness about death in older adults. 53rd Annual Conference of the American Association of Suicidology, Portland, OR.
- Nadorff, M.R.**, *Szkody, E., *Pate, A.R., & Rufino, K. A. (Presentation cancelled). Re-thinking validation: Assessing the benefits of gatekeeper trainings. 53rd annual

- meeting of the American Association of Suicidology conference, Portland OR.
- *Speed, K.S., Bishop, T., Pigeon, W., McCall, W.V., & **Nadorff, M.R.** (2019, April). Physical and Mental Health Integration: the Sleep and Suicide Perspective. Symposium presented at the 52nd annual meeting of the American Association of Suicidology conference, Denver CO.
- May, A.M., Jobes, D.A., Muehlenkamp, J.J., Brausch, A. & **Nadorff, M.R.** (2019, April). Teaching about Suicide Risk and Prevention in the Classroom: An Interactive Discussion. Panel presented at the 52nd annual meeting of the American Association of Suicidology conference, Denver, CO.
- *Pate, A.R., *McDaniel, C.J., *Kelley, K.K., *Titus, C.E., Rufino, K., DeShong, H.L. & **Nadorff, M.R.** (2019, April) .Single and Multiple Suicide Attempters: What We Can Learn from an Inpatient Sample. Symposium presented at the 52nd annual meeting of the American Association of Suicidology conference, Denver, CO.
- Drapeau, C. W., & Nadorff, M. R. (2018, June). Re-examining sleep disorders as independent pathways to suicidality: Nightmares, insomnia symptoms, and the interpersonal theory of suicide. Poster presented at SLEEP 2018, the 32nd Annual Meeting of the Associated Professional Sleep Societies, LLC, Baltimore, MD.
- Drapeau, C. W., Finch, W. H., Hernández Finch, M., & **Nadorff, M.R.** (2018, February). Sleep duration and suicide risk in adolescents. Paper presented at the National Association of School Psychologists 2018 Annual Convention, Chicago, IL.
- Drapeau, C. W., & **Nadorff, M. R.** (2017). Sleep problems and suicide: Prevalence and management strategies. Invited presentation given to counseling services staff at the Valparaiso University Counseling Center (Valparaiso, IN).
- Nadorff, M.R.**, Drapeau, C.W., Winer, E.S., *Kilgore, J.K. (2017, June). *Nightmares and insomnia symptoms prospectively predict the development of suicidal ideation.* Poster to be presented at SLEEP 2017: the 31st annual meeting of the Associated Professional Sleep Societies, Boston, MA.
- Drapeau, C.W., **Runnels, L.B., **Wigelsworth, S., **Barclay, N., **Nadorff, M.R.** (2017, April). *A closer look at nightmares and suicide risk: Exploring impulsivity as a potential moderator.* Poster presented at the American Association of Suicidology conference, Phoenix, AZ.
- **Wigelsworth, S., *Peterson, K., Drapeau, C.W., **Nadorff, M.R.** (2017, April). *Nonsignificance being significant: Alcohol use does not mediate the relationship between anxiety and suicide risk.* Poster presented at the American Association of Suicidology conference, Phoenix, AZ.

Barclay, N., *Titus, C.E., **Battaglia, L.N., **O'Brien, M., Drapeau, C.W., **Nadorff, M.R. (2017, April). *Insomnia, nightmares, and suicide risk: A longitudinal analysis of the relationship*. Poster presented at the American Association of Suicidology conference, Phoenix, AZ.

Lund, E., **Nadorff, M.R.**, Schultz, J., Thomas, K., Galbraith, K. (2017, February). *Suicide and disability: Exploring evidence-based risk factors and clinical response*. Paper presented at the Division 22 Rehabilitation Psychology Midwinter Conference, Albuquerque, NM.

Drapeau, C. W., & **Nadorff, M. R.** (2016, July). *Building a community of suicide prevention collaborators: A tired approach to suicide prevention gatekeeper training*. Invited presentation given during *A Brighter Future: Collaborating to Prevent Suicide*, the College of Charleston's 3rd Annual Suicide Prevention Conference, Charleston, SC.

*Amadi, S.C., *Timmins, M., **Nadorff, M. R.**, **Stoner, P. M., **Nayfa, K., Berman, M. E. (2016, March). *Alcohol intoxication and deliberate self-harm: State dissociation as a possible mediator*. Poster presented at the Southeastern Psychological Association 62nd Annual Meeting, New Orleans, LA.

Kilgore, J., *Salem, T., **Jefferson, T., **Pearson, M., **Nadorff, M. R., & Winer, E.S. (2015, November). *Test-Retest Reliability of Self-Reported Lifetime History of Aggression*. Poster to be presented at the Forensic Issues and Externalizing Behaviors Special Interest Group of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Jordan, D. G., **Kilgore, J., *Salem, T., *Swinea, J., *Bartoszek, G., **Nadorff, M. R.**, Winer, E. S. (2015, November). *Examining Test-Retest Reliability of a Novel Implicit Measure of Distinct Emotion*. Poster to be presented at the Neurocognitive Therapies/Translational Research Special Interest Group of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

*Swinea, J.C., *Salem, T., Winer, E.S., & **Nadorff, M.R.** (2015, November). *The relationship between action orientation and motivation for reward is moderated by anhedonia*. Poster to be presented at the Neurocognitive Therapies/Translational Research Special Interest Group at the 49th annual convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

Kilgore, J., *Jordan, D. G., **Nadorff, M. R., Winer, E. S. (2015, May). *Recent Changes in Anhedonia are Associated with Depression Over and Above Trait Anhedonia*. Poster to be presented at the 27th annual Association for Psychological Science convention, New York, NY.

*Salem, T., Winer, E. S., & **Nadorff, M. R.**, (May 2015). *Emotional dot-probe bias is positively associated with anhedonia when accuracy bias is high*. Poster to be

presented at the 27th annual meeting of the Association for Psychological Science, New York, NY.

- *Speed, K. J., *Cartwright, P. M., Hood, K. B., & **Nadorff, M. R.** (2015, April). *Veterans relationship with acquired capability of suicide independent of other risk factors*. Poster to be presented at the 48th Annual Meeting of the American Association of Suicidology, Atlanta, GA.
- **Kilgore, J., *Salem, T., **Dunaway, M. G., **Nadorff, M. R.**, & Winer, E. S. (2014, November). *Convergent Latency and Accuracy Findings in Response to Briefly Presented Positive Stimuli*. Poster presented at the Neurocognitive Therapies/Translational Research Special Interest Group Poster Competition, Philadelphia, PA.
- *Salem, T., **Nadorff, M. R.**, Veilleux, J. C., & Winer, E. S. (2014, May). *Both Positive and Negative Affective Symptoms of Depression Relate to Anhedonic Changes*. Poster presented at the 26th annual Association for Psychological Science convention, San Francisco, CA.
- *Pham, A. T., Veilleux, J. C., Zielinski, M. J., **Nadorff, M. R.**, & Winer, E. S. (2014, May). *Is anhedonia a mediating factor between depression and suicidal and self-injury ideation?* Poster presented at the 26th Association for Psychological Science Annual Convention, San Francisco, CA.
- *Wong, H.L.K., *Lambdin, K.K., **Nadorff, M.R.**, Winer, E.S., & (2014, May). *Sleep Disturbances and Suicide Risk: The Direct and Indirect Impulsivity Pathways*. Poster presented at the 26th Association for Psychological Science Annual Convention, San Francisco, CA.
- *Wong, H.L.K., *Swinea, J.C., Winer, E.S., & **Nadorff, M.R.** (2014, June). *The association between Nightmares and Suicide Risk is Cross-Sectionally Mediated by Borderline Symptoms*. Poster presented at the 28th Annual Meeting of the Associated Professional Sleep Societies, Minneapolis, MN.
- *Lambdin, K. K., **Nadorff, M. R.**, & Winer, E. S. (2014, May). *Nightmare content in relation to suicide risk and attempts*. Poster to be presented at the 26th annual Association for Psychological Science convention, San Francisco, CA.
- **Kilgore, J., *Salem, T., **Jordan, D. G., **Nadorff, M. R.**, Winer, E. S. (2014, May). *Trait Anhedonia and Recent Changes in Anhedonia are Independently Associated with Depression*. Poster presented at the 26th annual Association for Psychological Science convention, San Francisco, CA.
- *Swinea, J., **Nadorff, M. R.**, Winer, E. S. (2014, May). *The relationship between non-defensive anxiety and depression is mediated by anhedonia*. Poster presented at the 26th annual Association for Psychological Science convention, San Francisco, CA.

- *Salem, T., Winer, E. S., **Nadorff, M. R.**, Fanning J. R., Veilleux, J. C., & **Helms, A. (2013, November). *Recent changes in anhedonia account for the relationship between depression and antisocial behaviors*. Poster presented at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, TN.
- *Salem, T., Winer, E. S., **Nadorff, M. R.**, Fanning J. R., Veilleux, J. C., & **Helms, A. (2013, November). *Recent changes in anhedonia are related to self-directed aggression when accounting for other symptoms of depression*. Poster presented at the 47th annual Association for Behavioral and Cognitive Therapies convention, Nashville, TN.
- **Helms, A. R., *Salem, T., Winer, E. S., **Nadorff, M.R.** (2013, November) *Examining the Relation Between Different Forms of Aggression and Acquired Capability to Enact Lethal Self-Injury*. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Nashville, TN.
- Nadorff, M. R.**, Ellis, T. E., Rufino, K., & Allen, J. G. (2013, November). *Treating Nightmares Using Imagery Rehearsal Therapy in an Inpatient Sample: A Pilot Study Examining the Effects on Nightmares and Suicidal Ideation* Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, Nashville, TN.
- *Salem, T., Winer, E. S., **Nadorff, M. R.**, Fanning, J. R., Veilleux, J. C., Helms, A.** , & Berman, M. E. (2013, May). *Recent Changes in Anhedonia Account for the Relationship Between Depression and Aggression*. Poster presented at the annual convention of the Association for Psychological Science, Washington, D.C.
- Nadorff, M. R.**, Winer, E. S., *Chaney, L. D., *Salem, T., & **Harris, H. C. (2013, June). Examining the Association of Insomnia Symptoms, Nightmares, and Suicidal Ideation in Relation to the Interpersonal-Psychological Theory of Suicide. Poster presented at the SLEEP 2013 conference, Baltimore, MD.
- Nadorff, M. R.**, Ellis, T. E., Allen, J. G., Herrera, S. (2013, April). Presence and Persistence of Sleep-Related Symptoms and Suicidal Ideation in Psychiatric Inpatients. Paper presented at the American Association of Suicidology conference, Austin, TX.
- Dozier, M.E., Porter, B., Rhoades, H.M., Kunik, M.E., Stanley, M.A., **Nadorff, M.R.** (2012, November). Cognitive Behavioral Therapy Reduces Nightmares in Older Adults with Generalized Anxiety. Poster presented at the Gerontological Society of America conference, San Diego, CA.
- Pane, H.T., White, R., **Nadorff, M. R.**, Grills-Taquechel, A., & Stanley, M. A. (2012, November). Multisystemic Therapy for Non-Externalizing Youth Psychological and Health Problems: A Systematic Review. Poster presented at the Association for Behavioral and Cognitive Therapies annual conference, National Harbor, MD.

Gregg, J. J., Petts, R. A., **Nadorff, M. R.**, & Fiske, A. (2012, August). The assessment of depression in late life: A psychometric analysis of the Revised CES-D. Poster presented at the 120th Annual American Psychological Association Convention, Orlando, FL.

Mignogna, J., **Nadorff, M. R.**, Stanley, M. A., Sorocco, K. H., Kunik, M. E., Kauth, M., Petersen, N. J., Naik, A. D., Cully, J. A. (2012, April). Strategies for implementing cognitive behavioral therapy in the primary care setting. Poster presented at the 33rd Society of Behavioral Medicine Annual Meeting, New Orleans, LA.

Cully, J. A., Kunik, M. E., Naik, A. D., Stanley, M. A., Petersen, N., Armento, M., **Nadorff, M.**, Mott, J., Kauth, M. (2012, April) Implementation strategies for increasing adoption and fidelity of cognitive behavioral therapy in primary care. Veterans Affairs Health Services Research and Development Conference, Washington DC.

Davidov, D. **Nadorff, M.**, Coben, J. (2011, October) Mandatory Reporting of Intimate Partner Violence and Children's Exposure to Intimate Partner Violence: Nurse Home Visitors' Perspectives. Poster presented at the 138th Annual American Public Health Association Meeting, Denver, CO.

Fiske, A. **Nadorff, M.**, Petts, R., Sperry, J. (2011, August). Control strategies and suicidal ideation in older adults with functional limitations. Poster presented at the 119th American Psychological Association convention, Washington, DC.

Nadorff, M.R., Nazem, S., Fiske, A., & Gregg, J. J. (2011, April) Nightmares, Insomnia Symptoms, and Suicidal Ideation: The Importance of Symptom Duration. Presentation at the 44th Annual American Association of Suicidology conference, Portland, OR).

Nadorff, M.R., Gregg, J.J., Schwartz, S., Petts, R., Fallen, T., & Fiske, A. (2011, April) Insomnia Symptoms, Nightmares, and Suicidal Ideation in Older Adults. Poster presented at the 44th Annual American Association of Suicidology conference, Portland, OR).

Nazem, S., **Nadorff, M.R.**, & Fiske, A. (2011, April) Headaches and Suicidal Ideation: The Role of Headache Duration, Type, and Impact on Daily Life. Poster presented at the 44th Annual American Association of Suicidology conference, Portland, OR).

DeBrule, D. S., Pusateri, M. J., Jahn, D., Hannah, D. J., **Nadorff, M. R.**, Drapeau, C. (2011, April). Curriculum Development for Undergraduate Education in Suicidology: Models, Barriers, Experiences, and Significance. Presentation at the 44th Annual American Association of Suicidology conference, Portland, OR).

- Nadorff, M. R.**, Prentice, P. R., & Fiske, A. (2010, November). A critical examination of research on the prevalence of suicide in nursing homes. Presentation at the Gerontological Society of America conference, New Orleans, LA.
- Gerolimatos, L., **Nadorff, M. R.**, Smith, M. D. & Edelstein, B. (2010, November). A factor analysis of the Executive interview (EXIT) utilizing a nursing home sample. Poster presented at the Gerontological Society of America conference, New Orleans, LA.
- Smith, M. D., Gould, C., Ciliberti, C., **Nadorff, M.**, Edelstein, B. (2010, November). The relationship of executive and adaptive functioning to behavior plans for aggression in long term care. Poster presented at the Gerontological Society of America conference, New Orleans, LA.
- McCoy, K., Choudhary, E., **Nadorff, M.**, Bossarte, R., Fiske, A., Davidov, D. (2010, November) An examination of the relation among methods of non-suicidal self injury, suicide ideation, and suicide attempts. Poster presented at the American Association of Behavioral and Cognitive Therapies conference, San Francisco, CA.
- Nadorff, M. R.**, Nazem, S., & Fiske, A. (2010, April) Insomnia symptoms, nightmares, and suicidal ideation in a university sample. Poster presented at the American Association of Suicidology conference, Orlando, FL.
- Nadorff, M. R.**, Nazem, S., & Fiske, A. (2010, April) Insomnia symptoms, nightmares, and suicidal ideation in a university sample. Poster presented at the WVU Research Horizons Day, Morgantown, WV.
- Nazem, S., Smith, M.D., **Nadorff, M.**, Fiske, A. (2009, November) The relation between self-disclosure and suicide ideation in younger and older Adults. Poster presented at Gerontological Society of America's Annual Scientific Conference, Atlanta, GA.
- Davidov, D., Choudhary, E., **Nadorff, M.**, Bossarte, R., Fiske, A., McCoy, K. (2009, November) The association between sexual victimization, intimate partner violence, and condom use. Poster presented at the American Public Health Association Conference, Philadelphia, PA.
- Davidov, D. Choudhary, E., **Nadorff, M.**, Bossarte, R. Fiske, A., & McCoy, K. (2009, October). The association between intimate partner violence and condom use in college-aged women. Poster presented at the annual meeting of the National Conference on Health and Domestic Violence, New Orleans, LA.
- Prentice, P. R., Ragatz, L. L., **Nadorff, M.**, St. Peter-Pipken, C., Larkin, K. T. (2008, June). How to make your students like you: qualities students look for in their instructors. Poster presented at the annual meeting of the Eastern Conference on the Teaching of Psychology, Staunton, VA.

Prentice, P. R., Ragatz, L. L., **Nadorff, M.**, St. Peter-Pipken, C., Larkin, K. T. (2008, May). Sex bias in teaching evaluations: student ratings and word choice. Poster presented at the annual meeting of the American Psychological Society, Chicago, IL.

O'Riley, A. A., **Nadorff, M. R.**, Smith, M. D., Widoe, B. K., Forsythe, J. B., Thorne, C., & Fiske, A. (2008, April). Autonomy and suicidal ideation. Poster presented at the annual meeting of the American Association of Suicidology, Boston, MA.

Invited Presentations

- 2018 Society of Behavioral Medicine Annual Meeting. Presentation in Baltimore, MD titled Treating Suicidal Behavior: When, How, and Why to Treat Sleep, Too.
Date: June 2, 2018
- 2016 *New perspectives on nightmare treatment: An international symposium on the treatment of recurrent nightmares*, Presentation in Hanover, Germany. Presentation titled Nightmare Treatment as an Adjunctive Treatment for Suicidal Behavior.
Date: July 15, 2016
- 2015 *Bellin Health Sleep Medicine Conference*, Presentation at Lambeau Field in Green Bay, WI. Presentation titled Nightmares and Suicide.
Date: November 5, 2015
- 2015 *Southern Sleep Society Annual Meeting*. Presentation titled Nightmares and Suicide.
Date: April 17, 2015
- 2014 *Grand Rounds*, Presentation at the University of Mississippi Medical Center. Presentation titled Sour dreams: The association of nightmares and psychopathology and opportunities for intervention.
Date: October 4, 2014
- 2014 *Invited Presentation*, Presentation at the University of South Alabama Gulf Coast Behavioral Health and Resiliency Center. Presentation titled Psychotherapeutic treatments for insomnia and nightmares: Widely recommended, seldom utilized
Date: June 2, 2014
- 2014 *Invited Presentation*, Presentation at the University of South Alabama Department of Psychology. Presentation titled Sour dreams: The association of nightmares and psychopathology and opportunities for intervention.
Date: June 2, 2014

- 2014 *Invited Presentation*, Presentation at the Mississippi State University Legal Issues Conference. Presentation titled Understanding at risk students: What does the research say and how can it help you help?
Date: May 1, 2014
- 2014 *Invited Presentation*, Presentation to Contact Helpline crisis hotline volunteers. Presentation titled Working with Suicidal Callers
Date: February 8, 2014
- 2012 *Grand Rounds*, Presentation at Baylor College of Medicine. Presentation titled Nightmares: Clinical Relevance, Treatment, and Future Directions.
Date: June 6, 2012
- 2010 *Invited Lecture*, Presentation at the West Virginia Sleep Society meeting. Presentation titled The relation between nightmares, insomnia symptoms, and psychopathology.
Date: September 25, 2010
- 2010 *Invited Lecture*, Grand rounds lecture at Camden Clark Hospital. Presentation titled Sleep difficulties and suicidal behavior
Date: August 6, 2010
- 2010 *Co-Presenter*, Guest presentation at the WVU Department of Family Medicine. Presentation titled Suicidal behavior in older adults
Date: August 4, 2010
- 2010 *Invited Lecture*, Presentation at the Meeting of Behavioral and Biomedical Researchers of the Research Training Program in the Behavioral and Biomedical Sciences, T32 GM081741. Presentation on research article titled Persistent nightmares are associated with repeat suicide attempt: A prospective study
Date: January 25, 2010
- 2009 *Co-Presenter*, Grand rounds lecture at the Charleston Area Medical Center Department of Psychiatry and Behavioral Medicine. Presentation titled Physical Illness, Sleep Disorders and Suicidal Behavior in Older Adults.
Date: May 7, 2009
- 2009 *Co-Presenter*, Presentation titled Introduction to Insomnia. Presented on behavioral treatments for insomnia at a social work continuing education lecture.
Date: March 27, 2009
- 2008 *Co-Presenter*, Presentation at the Summer Institute on Aging. Co-Presented on suicide and the elderly.

Date: June 2, 2008

2007 *Co-Presenter*, Guest presentation at the WVU Department of Family Medicine. Co-Presented on the assessment and cognitive-behavioral therapy of insomnia with fellow members of the Geropsychology and Insomnia Team at West Virginia University.
Date: October 29, 2007

Teaching Experience

Instructor, Psychopharmacology, Mississippi State University (PSY 8573)

Instructor, General Psychology, Mississippi State University (PSY 1013)

Instructor, Biological Psychology, Mississippi State University (PSY 4403/PSY 6403)

Instructor, Behavior Therapy, Mississippi State University (PSY 8383)

Instructor, Suicidal Behavior across the Lifespan, Mississippi State University (PSY 4990/6990)

Instructor, Suicidal Behavior across the Lifespan, West Virginia University (PSY 493)

Instructor, Introduction to Psychology, West Virginia University (PSYC 101)

Teaching Assistant, Introduction to Computer Systems, University of Notre Dame (CAPP 20505)

Selected Service Activities

2019-Present Member of the Board of Directors, Society of Behavioral Sleep Medicine
2017-Present Site visitor for the American Psychological Association
2017 Chair, 50th American Association of Suicidology Conference
2017-2019 Chair, Board of Directors, MSU Collegiate Recovery Community
2016-Present Society of Behavioral Sleep Medicine Web and Communications Committee
2015-Present Board Member, MSU Collegiate Recovery Community
2014-Present Director of Clinical Training
2012-Present Member of Graduate Faculty

Association Memberships

2006-2013 American Psychological Association (member)
2006-Present American Association of Suicidology (member)
2009-2012 Gerontological Society of America (student member)
2010-Present Society of Behavioral Sleep Medicine (founding member)

2012 Mississippi Sleep Society
2013-Present Military Suicide Research Consortium (member)
2013-2018 Sleep Research Society (member)
2019-Present American Academy of Sleep Medicine (member)
2013-2014 Association for Behavioral and Cognitive Therapies (member)

Editorial Activities

Editorial Board

2014 – Present: Suicide and Life-Threatening Behavior
2018 – Present: Bulletin of the Menninger Clinic
2019 – Present: International Journal of Aging and Human Development

Grant Reviewer

American Association of Suicidology Independent Scientific Peer Review Panel
German Research Foundation
VA Research

Ad hoc reviewer

Abnormal Psychology
Acta Ophthalmologica
Addiction Research and Theory
Aging and Mental Health
Archives of Suicide Research
Behavior Research and Therapy
Behavior Therapy
Behavioral Sleep Medicine
Bipolar Disorders
BMC Psychiatry
BMJ Case Reports
BMJ Open
Bulletin of the Menninger Clinic
Clinical Case Studies
Clinical Psychology Review
Cognitive Therapy and Research
Comprehensive Psychiatry
Death Studies
EXPLORE: Journal of Science and Healing
General Hospital Psychiatry
Industrial Health
International Journal of Adolescent Health
International Journal of Aging and Human Development
International Journal of Behavioral Medicine
International Journal of Dream Research
International Journal of Psychiatry in Clinical Practice
Journal of Affective Disorders

Journal of Aggression, Conflict and Peace Research
Journal of Child and Family Studies
Journal of Clinical Sleep Medicine
Journal of Consulting and Clinical Psychology
Journal of Contextual Behavioral Science
Journal of Gerontology: Psychological Sciences
Journal of Nervous and Mental Disease
Journal of Psychiatric Research
Military Behavioral Health
Neuropsychiatric Disease and Treatment
Psychiatry Research
Psychological Reports
Psychological Trauma: Theory, Research, Practice, and Policy
SAGE Open
SLEEP
Sleep Medicine
Sleep Medicine Reviews
Suicide and Life-Threatening Behavior
The American Journal of Addictions

APA Site Visits

Clinical Member: University of Maryland – Baltimore County (2017), University of Houston (2018)

Media Activities

Interviewed for story on Seasonal Affective Disorder by the Weather Channel, December 18, 2013, <http://www.weather.com/health/are-winter-blues-real-20131219>

Interviewed for story on Insomnia and Suicide by WTVA, March 11, 2015, http://www.wtva.com/content/news/oktibbeha_co_ms/story/Insomnia-and-suicide/YgMIo_SfN0K9MX7n10Uuig.cspX

Interviewed for a story on Treating Nightmares to Prevent Suicide by Scientific American, October 14, 2016, <https://blogs.scientificamerican.com/mind-guest-blog/can-treating-nightmares-prevent-suicides/>

Interviewed for a story on Nightmares and Suicide by the Clarion Ledger, October 30, 2016, <http://www.clarionledger.com/story/news/local/2016/10/30/msu-professor-links-nightmares-suicide-risk/92880978/>

References

Upon Request